

In the news

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Please feel free to [contact us](#) with comments on our website. Your input is very important in helping us to keep this site current, making sure that it meets your needs.

[Below you'll find links to our blog and facebook page as well as articles about Eldercare Home Health Inc. that have appeared in a variety of media.](#)

[We've also included a few articles written by the President of Eldercare Home Health, Lisa Wiseman.](#)



[The Eldercare Home Health Facebook page](#)

[Lisa Wiseman's Blog](#)

Here you'll find Lisa's latest entries what we've been up to here at Eldercare Home Health, recent challenges and insights. Definitely worth a look.

Lisa was invited to be a guest on the television show Goldhawk Live on January 20, 2011 to discuss the role that neighbours have in looking out for one another - specifically with respect to wandering seniors suffering from dementia.



Lisa was interviewed by TheDailyPlanet.com and offered suggestions, for those caring for someone suffering from Dementia, on how to deal with wandering.



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On April 26, 2010 Lisa was interviewed on CBC Radio One by Karen Horsman. The topic was the recent decision by the Ontario Ministry of Health to not go forward with regulating Personal Support Workers.

Please click on the image below to open a readable version.



TRANSITIONS

When independence is too risky

It's hard to recognize when aging relatives are no longer capable of living on their own

BY LISA WISEMAN

Patricia Miller and her father 92. Mr. Miller is in a bit of a bind as he is becoming more and more dependent on his daughter. Miller looks for her dad shouldn't be on his own any more. Mr. Miller, 65, doesn't want to force his independence.

"He's starting to fall and starting to forget things," says Miller, who was recently advised and is supporting himself on part-time work. "He's no longer safe and I'd like to have a closer and somewhere that I know he's safe."

Miller lives in Ajax, Mr. Miller lives in London. "Until last year, I was happy with him in his home, but now I think it's time for him to be somewhere where someone can see him every day before he falls down the stairs because he's slipping and doesn't know what he's doing," Miller says.

"He's no longer taking proper care of himself. He doesn't eat well, he's dangerous on stairs, he's got pills he

needs to take and he's really lonely right now. I keep telling him the could be better if he had somebody to help him with every day or two with in the afternoon. I think he could be happier."

Retirement home executive Phil McKelvie says he's seen many seniors in Miller's position. The task of finding a primary caregiver for elderly parents tends to fall on the adult daughter, he says.

"She's always wanting to fall on the adult daughter, he says. "It's not the traditional parent-child relationship that it was before. It's now the child becoming the senior provider."

Miller is doing the right thing in trying to persuade her dad to move rather than her. The problem is what to do if persuasion doesn't work and the situation becomes critical.

"My father's a bit stubborn," Miller says. "He doesn't consider himself old because he doesn't want to admit he's getting old. Because if he does so, he's admitting that he needs help. The problem is that he does need help."

SIGNS

Signs of deterioration are often not noticed until they are advanced and mobility and independence are lost.

Parents spend more time in a car than ever before. They are forgetting every face in a matter of minutes. Not changing their clothes.

They are no longer getting their hair cut and look disheveled. No longer cleaning their pets and cars.

Spilled food in the refrigerator. They decline to admit to being and cook.

Lisa Wiseman, a registered nurse who specializes in care of the aged, says it's sometimes best for children to have the attention come themselves and tell parents it's the child who can no longer cope with the stress of caring for their parent.

COSTS

Home care provider Lisa Wiseman says that retirement home executive Phil McKelvie says that services come with a price. There is an element of what it costs to care for the elderly.

In-home caregivers charge between \$10 and \$15 per hour and usually one-on-one help with cooking, cleaning, laundry and shopping.

Changes to meals in a pension home range from \$1,700 to \$2,000 a month, depending on the level of services and care.

Wiseman, founder of Eldercare Home Health, a company that provides in-home health care to seniors, "Parents may not appreciate how much time and effort it takes for the caregiver to be there all the time."

Making the case that their child is under stress can be especially persuasive. Parents being parents, Wiseman says, they will listen to their children's best interests and are willing to seek all of they think it does for their child.

When they recommend child care agencies their reasoning is their parents. When they recommend child care, it's a child in a long-term care facility. It's a world of difference in considering parents that change is needed.

Spouse who become caregivers are at least as much in need of respite as children, Wiseman says. She has seen countless situations where one partner is in poor health and the other gets sick trying to help. This is common in cases where one partner has Alzheimer's disease.

"The staff of assisted care facilities check the memory problems and from the person gets with them the amount of stress, emotional and physical, that they're under from being a caregiver."

"I often find these people that even need respite care themselves."

Wiseman and McKelvie see separate needs for home care often because apparent at Christmas time, when family members see their elders for the first time in months and understand how long-term care in their loved ones are determined.

This determination is generally made in poor judgment, decreased mobility and a decrease in quality of life.

Town Crier

"Under-the-table" caregivers putting everyone at risk . . .

Families looking for care solutions for elderly relatives sometimes end up considering under-the-table, "cash" arrangements. Caregivers are found privately and through employment agencies, or nannies are "re-assigned" to senior care duties. They are hired for "cash", with no taxes, EI or Workers Compensation payments made. The risks with these "cash" arrangements are real and significant.

Aside from being illegal, clients risk theft of personal possessions, abuse, coercion, claims by caregivers who injure themselves on the client's property, and caregivers who report their employers. Eldercare Home Health can help. Founded over 8 years ago by Lisa Wiseman, a Registered Nurse, Eldercare Home Health Inc. works exclusively with seniors. They ensure all caregivers are qualified, are paid properly, and are insured and bonded.

A Registered Nurse coordinates and supervises all care and is on call to the family and caregiver 24 hours a day, 365 days of the year. If you or a relative need in-home Elder care, please call Eldercare Home Health Inc. at 416-482-8202. For more on Eldercare Home Health Inc. and how the healthcare system in Ontario works, go to: www.EldercareHomeHealth.com

Town Crier

Eldercare celebrates first decade of service in area

CARMINE BONANNO
Town Crier

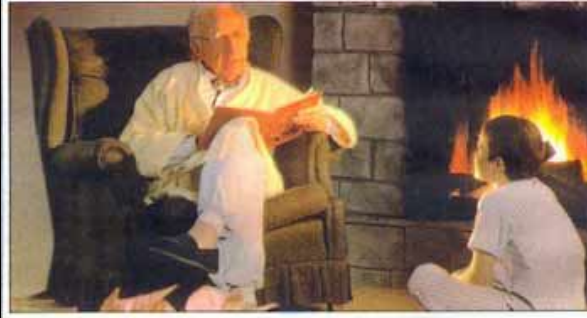
Lisa Wiseman never imagined that her business would last any more than a few years. But 10 years later, Eldercare Home Health Inc. has become one of the most sought out care providers in the city, and Wiseman plans to keep going. Eldercare Home Health Inc. located at 234 Eggleston Ave. celebrated its

10th anniversary and realized I could probably do it." Since then, Eldercare has grown into one of Toronto's most respected geriatric care providers. Wiseman, however, admits she thought she would run the company for a few years and then move on to something else. The resources for community programs to help seniors would eventually be there, but that

past 10 years, the company has grown from providing simple services for seniors to coming up with creative ways to make seniors feel part of the community. Eldercare staff members organize birthday parties, send flowers, bring board games and play music for their clients. In addition to being on call 24 hours a day, seven days a week, Wiseman said the 70 staff members go above and beyond what is

Hospital News H

Palliative patients benefit from being at home



By Lisa Wiseman
BScN RN

Imagine waking up in your own house, in the comfort of your own bed, at a time of your choosing. Imagine a morning where the smell of freshly brewed coffee and breakfast wafts in from the kitchen. Imagine a day where you can look forward to

be more at ease and can encourage interaction and more "natural" visits. Some re-arranging of the household is often a good idea - turning a main room on a ground floor (in the case of a multi-storied house) into a bed/sitting room for example - can make it easier and more comfortable for everyone. It's more natural to have visitors in a "public" area of a

comfortable as possible at home. Rental equipment - everything from grab bars to wheelchairs and hospital beds makes it possible to bring home clients requiring a broad range of support. Medications - for medical treatments or comfort measures are now available in easy to administer forms.

Hospital News H

Discharge Planning – important tips to make a senior's return home a success

By Lisa Wiseman

Planning for a senior's return home is a crucial part of the care provided in the hospital. Home is a wonderful one. Discharge planning, as it is known, should begin the day a patient goes to hospital. In reality, systems are in place so the health care team that brought the patient to hospital in the first place. But discharge planning is usually done after the patient is discharged. It is important to be on the alert for the day of returning home. Here are five important tips to help seniors and their families plan a successful discharge.

Find out who is coordinating the discharge
 It is not the usual medical staff that plans home care. Let the person know that you are the key person to talk to. The discharge planning and that you and your family will likely be involved in the process. Get things done quickly before you go home. For the purpose of health care professionals in hospital, ask each member of the health care team for advice on being



even on papers for discharge home and for a plan that will get them the things that a generalist doctor can't do. It is a matter of getting the right care and type of advice before you go home. It is a matter of getting the right care and type of advice before you go home. It is a matter of getting the right care and type of advice before you go home.

Home assessment and modifications
 Ask a member of the health care team to come home with you to do a home assessment. Ask the registered nurse to come home with you to do a home assessment. Ask the registered nurse to come home with you to do a home assessment.

Home health-care
 Ask a doctor or nurse to come home with you to do a home assessment. Ask the registered nurse to come home with you to do a home assessment. Ask the registered nurse to come home with you to do a home assessment.

need assistance to help get out of bed, bath, personal care, etc. You will have to provide that care yourself or have a plan in place to provide that care for a period of time. The discharge letter
 This is the most important document. It is a copy of the written discharge plan. Ask the physician or discharge planner to review it with you. The plan has been developed to meet the patient's needs. It is important to read it carefully. It is important to read it carefully. It is important to read it carefully.



To Your Health

Organization cares for elderly after the hospital

By KYLE GORDON
 C/JN Intern

Lisa Wiseman and her staff of registered nurses and caregivers are thrilled to be celebrating the 10th anniversary of Eldercare Home Health.

Ten years later, Eldercare Home Health has become one of Toronto's most respected in-home elder-care providers. "I think it's a great way to provide care. You can see the results – it's making people's lives better," Wiseman said. Her team of 70 registered nurses and caregivers are dedicated to meeting the needs

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For additional information you can reach us by e-mail at: info@eldercarehomehealth.com



the needs of the clients and do things specifically for them," Wiseman said. This includes pairing the Jewish clients with caregivers who understand Judaism and kashrut. The caregivers have even attended weddings and kosher mitzvahs with their clients.

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Founded by a Registered Nurse, Eldercare Home Health has been providing Registered Nurse Supervised PSW Elder care in Toronto for more than 15 years. No one knows Elder care better than Eldercare Home Health Inc. Click [here](#) to review our Privacy policy (you'll need Adobe Acrobat to view this document).

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Eldercare Home Health Inc: Providing in-home health care - Elder Care (also called Senior Care) for seniors in Toronto, Ontario for more than 15 years. We work with elderly clients who require care. We are experienced in providing care for clients with Alzheimer's disease, Parkinson's disease, Cardiac disease, Stroke patients, Patients with cognitive impairment (dementia), etc. We also provide palliative care and respite care. All Elder Care services through Eldercare Home Health are supervised by a Registered Nurse. Call 416 482-8292